

FORMATION YEAR



Pathway Overview

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INTRODUCTION

Formation Year takes participants on a journey of increased relationship and knowledge of God, and discovery of their own unique purpose within His mission.

By dedicating a year, the students are able to immerse themselves in the process of transformation and subsequent reorienting of their life.

Formation Year provides a facilitated and relational pathway that includes:

- Understanding your identity and experiencing the presence of God's Spirit to impact your life and give you freedom.
- Learning how spiritual disciplines form your soul to be filled with the Spirit.
- Delving into foundational meta-narratives of scripture such as: redemption, kingdom, and mission – and how they impact our modern story.
- Diving deep into the purpose and plan for your life.
- Examining your life so far, and how the various relationships and waypoints integrate into your future.
- Brining it all together to form a life-compass with which to bring certainty and hope regardless of circumstance.

WHO IS THIS PATHWAY SUITED TO

Christians who want a fuller experience of God's presence in their life to bring freedom, faith and followership.

Those who have busy lives and can't set aside time for full-time study.

Those who are seeking inner transformation and bible understanding but do not require academic awards.

Interns and ministry leaders needing a spiritual formation pathway that doesn't require award recognition.

WHO IS CONNEXA COLLEGE

ConneXa College is an initiative of [Kenmore Church of Christ](#), Brisbane.

Planted in 2019, one of the church's founding purposes was to provide an incubator of formation and leadership. Senior Minister Patrick Hegarty has been creating Christian formation resources and facilitating development pathways since 2005.

OBJECTIVES & OUTCOMES

The general goal of this pathway is to equip the participant in deepening their engagement with God in a way that results in increased fruit of the Spirit and clarity of mission in the world.

A key vehicle for ConneXa is the strategy of “Filling hearts – Fuelling mission”. We believe that if people can know and engage fully with the totality of God’s goodness, it will naturally overflow to produce abundant fruit in themselves and their world. To that end, the material seeks the following outcomes:

- **Foundation:** A secure foundation in the core themes of scripture.
- **Intimacy:** Experience of God as a loving and powerful Father.
- **Freedom:** Equipping in how to grow and change with God's help.
- **Capacity:** Stretching experiences to grow your inner-world.
- **Relationships:** Strong bonds are formed as you journey through transformation.
- **Guidance:** A clear understanding of God's mission and your unique place in it.

Included module titles are:

1st quarter

- **re:FORM:** Equipping to change with God's help.

2nd quarter

- **Rhythms of Grace:** Learn to use spiritual disciplines to give form for your freedom.
- **God's Story Arc:** Understanding redemptive themes: Kingdom; Salvation; Mission.

3rd quarter

- **re:FOCUS:** Understanding God's call and mission for you.
- **My Story Arc (Pt 1):** Assessing my story and how it has made you who you are.

4th quarter

- **Character challenge.** [XCC](#) (men) – [Arise](#) (women)
- **My Story Arc (Pt 2):** Overlaying God's story with yours to partner on mission.
- **Charting my Course:** Setting a course that honours God's story with yours.

FORMAT

Content

Units are comprised of daily/weekly reading content (audio options available) – or at times online learning. Short reflections are normally sought to each segment. Participants meet weekly* to discuss responses. There they can also receive prayer and support.

There are no exams, but participants should adopt a routine of daily digestion of the content, rather than periodic catching-up or doing it bulk. “Cramming” will significantly reduce the impact of the material which builds gradually on the application of previous learnings.

Participants commit to undertaking various assignments, and attendance of groups & retreats. Refer to course dates for detail.

Retreats

Formation Year includes two weekend retreats (Quarters 1 & 3) connected to the [re:FORM](#) and [re:FOCUS](#) units. These are held onsite at the Kenmore campus from Friday evening to Saturday evening. Accommodation not included in registration.

Character Challenge

In September/October participants engage in a Character challenge [XCC](#) (men) – [Arise](#) (women) – facilitated by [4th Musketeer Australia](#). Participants can choose to opt-out of this challenge with a refund given, but we encourage each person to participate in a great and challenging few days and nights with a group of others.

* Weekly group meetings are held where approved facilitators are available. Groups meet Sunday evenings 7:00pm at the Kenmore Church campus, Kenmore Brisbane. Regional meetings can be held if approved. Online group facilitation is also available for those not within reach of a location.

DATES

Check the website at www.formationyear.com

COST

Check the [ConneXa College website](#) for latest pricing.

INCLUDES: All materials, cost of Retreats, Residentials, and Facilitation workshops, Character Challenge.

EXCLUDES: Accommodation and transport costs for Retreats, Residentials, and Facilitation workshops. Character Challenge equipment.

REGISTRATION & PAYMENT

Participants fill in a simple online application, and our admin staff will then communicate with you about payments and details.

Payment schedules are available.